

New Auto Repair Shops Service Waunakee and Lake Mills



The new 8,000-square-foot DCAR facility in Waunakee, Wisconsin provides their clients with state-of-the-art auto repair services.

The Friede & Associates team has recently completed two more automotive projects. One is a new shop for David's Certified Auto Repair (DCAR) in Waunakee, Wisconsin. The other is a new location for Topel's Service Center in Lake Mills, Wisconsin.

DCAR's new auto repair facility is an 8,000-square-foot pre-engineered metal building. The Friede team came to the rescue when material issues and scheduling threatened the project's timeline.

The Friede design team represented DCAR in the initial online planning meetings. This allowed the project to move forward during the height of COVID-19. Officials wanted the new building to blend in with the Waunakee industrial park. The design team worked to meet the City's architectural guidelines and DCAR's budgetary requirements.

With permits in hand, construction began in August 2021. The structure features a steel-supported mezzanine, an office, and extensive storage. It also includes a high-tech auto repair shop equipped with six car lifts and an alignment rack. A machine scans customers' cars when they enter the garage. These scans record wheel alignment, tire tread depth, and existing dents or scratches. This information enters a database and allows the mechanics to better serve clients.

DCAR was able to move into its new facility in January 2022. DCAR maintained operations in their previous shop before occupying the new Waunakee location. The Friede team's communication and coordination on this project ensured its success.

Topel's Service Center approached Friede & Associates to construct their

new facility. Josh Vinluan owns Oakstone Recreational and is a former Friede client. He heard about Topel's plans and recommended Friede's services.

Topel's had experienced tremendous growth over the past decade and needed a larger space. Their new location was on Main Street in Lake Mills, an area of town that was being rebuilt by the City. The design team incorporated new utility services and site access to follow the City's redesign.

The local Bumper to Bumper, an auto supply store, approached Topel's to join them in their new space. The building plans included 3,200 square feet of retail space Bumper to Bumper. This allowed them to vacate an old building in downtown Lake Mills in favor of a new space with on-site parking.

Design meetings moved to Zoom when

continued on page 4



Test Your Knowledge

1. How many times does the average heart beat each day?
 - a. 50,000
 - b. 75,000
 - c. 100,000
 - d. 125,000
2. In which U.S. state do the most bald eagles live?
 - a. Alaska
 - b. Washington
 - c. Oregon
 - d. California
3. What was Memorial Day originally known as?
 - a. Freedom Day
 - b. Remembrance Day
 - c. History Day
 - d. Decoration Day
4. How many feet are there in a fathom?
 - a. 10
 - b. 6
 - c. 25
 - d. 48
5. What was John F. Kennedy called by his friends?
 - a. Jack
 - b. J.K.
 - c. Johnny
 - d. Joe


ANSWERS: 1. c; 2. a; 3. d; 4. b; 5. a

—Random Trivia Generator

Is Your Email Inbox Driving You Crazy? Follow These Tips

Email can be overwhelming if you get a lot of it and you don't manage it. Lots of people just let things pile up in their inboxes so that they have hundreds of messages waiting. This can make people who do this feel overwhelmed every time they check their email. To avoid the agitation and irritation this can cause try the following quick tips to manage your email:

- **If you can answer an email immediately without research or checking with others, do so.** Try to deal with each email only once. Get it out of your inbox and be done with it. If it will just take a minute or two to deal with the email, then take care of it right away. Don't close it back up to deal with later.
- **Make three folders to file your email.** This will avoid the problem of having so many files that you don't know where you've put anything. 1. Make one file for things that need to be done but will take some time or research before you can answer. 2. Make one file for things that need no action but you think you should keep. 3. Make one file for things that you can answer as soon as you have time.
- **Open a free email account with Google or another site that offers free accounts.** Whenever you subscribe to anything from which you might receive marketing, use this email account. When you have time, you can go to your free email account and browse what has been sent. Your inbox will not get so cluttered.
- **Avoid sending social emails from your main work account.** This can't always be avoided, but if you have friends who send you everything they think is fascinating or meaningful that they have found online, you know how annoying it can be. Don't participate in the madness. Don't send out these kinds of emails yourself, and don't open email that you can clearly see has been CC'd to tons of people.



Wishing you a peaceful and happy holiday season, and a prosperous and healthy New Year, from all of us at Friede & Associates.

Ever Wondered How The Days Got Their Names?

According to the *Morris Dictionary of Word and Phrase Origins*, the days of the week were taken from the following Anglo-Saxon terms:

- Sunday: Sunnan daeg—day of the sun.
- Monday: Monan daeg—day of the moon.
- Tuesday: Tiwes daeg—day of Tiw, god of war.
- Wednesday: Wodnes daeg—day of Woden, chief deity.
- Thursday: Thorsdagr—day of Thor (this actually comes from Old Norse).
- Friday: Frigedaeg—day of the goddess Frig, wife of Woden.
- Saturday: Saeterdaeg, day of Saturn, Roman god of agriculture.



Top 10 New Year's Resolutions

Every year, millions of people make New Year's resolutions, hoping to spark positive change. The recurring themes each year include a more active approach to health and fitness, improved finances, and learning new things for personal and professional development. Chances are, more than a couple of the top 10 most common resolutions will look familiar to you:

1. Exercise more
2. Lose weight
3. Get organized
4. Learn a new skill or hobby
5. Live life to the fullest
6. Save more money / spend less money
7. Quit smoking
8. Spend more time with family and friends
9. Travel more
10. Read more

SPEED BUMP

Dave Coverly



Suffering From Writer's Block?

If you need to get a piece of writing done for work, but you just can't seem to get started, you could be experiencing an episode of writer's block. To get past or through it, try these suggestions from *Writing Down the Bones: Freeing the Writer Within*.

1. **Choose an amount of time and commit to it.** It can be 10 minutes, 45 minutes, an hour—whatever you want. But whatever time period you choose write every day for that amount of time.
2. **Do not stop writing during your timed exercises.** Keep your hand moving across the page no matter what. Don't stop to read what you're writing.
3. **Don't edit as you write.** Don't cross things out that you didn't really mean to say.
4. **Don't correct your errors.** Let them be. Just keep writing. This is not about getting everything right; it's about getting something down on the page.
5. **Allow yourself to lose control.** Don't worry about what you're writing. Don't think about what you're writing, whether it's right or wrong, just keep going.
6. **If something comes up that you don't think you should be writing about, stick with it.** There may be something to it you don't understand. Your subconscious could be at work helping you out. Dive in and see what happens.

"The bad news is time flies. The good news is you're the pilot."

— Michael Altshuler

A Manual For Life

At birth, there is a manual for life that is given to each of us. Here it is:

1. **You have received a body.** It will be yours for the duration of your stay this time around. You may or may not like it, but it is yours.
2. **Pay attention to the lessons to be learned.** You are enrolled in a school that is full-time and informal—it is called life. In your school, you will have chances to learn lessons. You are free to like the lessons or think that they are very stupid.
3. **Keep in mind that there are no mistakes, just lessons to be learned.** You will be involved with a process of trial and error, and this process will, with luck, incite growth. The "failures" you experience will be as much a part of your process as the parts of your life that "succeed."
4. **You will repeat the same lesson, in its various forms, until it is learned.** Then you will be free to go on to the next lesson.
5. **Your learning in life is never over.** As long as you are alive, there are lessons to be learned. There is no part of life that does not contain a lesson for you.
6. **Places other than where you are will always look better to you, but this is a trick of the mind.** It is never better to be other than what and where you are at the time. But it will always feel like you should be someplace else, be something else in order to find "happiness."
7. **Your fellow beings are merely reflections of yourself.** Whatever you love or hate about them is exactly what you love or hate about yourself.
8. **What you make of life is up to you.** You have everything you need to live life. What you do and how you live is up to you.
9. **The answers to life's questions are within you.** You just need to listen and trust your inner knowledge.
10. **You will forget you have been told all of this.**

New Auto Repair Shops... *continued from page 1*



COVID-19 shuttered most of the country. Coordinating architectural drawings and municipal approvals online was a challenge. Topel's financing options were also affected by the pandemic. Friede provided updated financial projections, helping the Topels secure TIF and grant funds. Despite the setbacks, the design team finished the final plans in Fall 2020.

Owners Dan and Tara Topel incorporated historical elements of the original Topel's location, which opened in 1948. The new location, pictured left, features a white block main entry, the iconic orange "76" sign, and polished concrete floors.

The repair shop has a waiting room with a fireplace, comfy seating, a beverage bar, and charging ports. The building also features a staff conference room, a break room, and a clean room.

The new auto repair shop includes ten service bays. It also features a six-foot-tall wainscot to prevent damage from toolboxes and equipment. Topel's services all vehicles with Advanced Driver-Assistance Systems. These include features like

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New Auto Repair Shops... *continued from above*

adaptive cruise control and lane departure warnings. Servicing these systems requires level floor space. The building, pictured right, also features a heating system that burns waste oil.

Designing and constructing Topel's new facility during COVID-19 required immense communication. The pandemic affected material procurements and production in the field. Friede held regular progress meetings to keep subcontractors informed and construction moving.

Owner Tara Topel described Project Manager Morgan Tribbey as "a great communicator." Morgan and the Friede team handled the challenges related to this project. Topel's celebrated their grand opening in September 2022. The project was a success thanks to the project team's coordination.

Both projects proved challenging due to the pandemic and supply chain issues. Communication was critical in ensuring these projects wrapped up on time. When the world threatened to shut down, the Friede team jumped into action to bring these projects to life.

